

# SYDNEY METRO AREA LISTING

## ZONE 1

1 METRO COUPON PER 25kg CONSIGNMENT

SUBURBS SHOWN IN RED ARE NOT SAME DAY DELIVERY

PICK UP CUTOFF TIMES ARE 10.45AM & 3.45PM

UNLESS STATED IN RED NEXT TO THE SUBURB (08/03/2017)

Abbotsbury	Blacktown	Chippendale	Eagle Vale	Greenwich
Abbotsford	Blair Athol	Chipping Norton	Earlwood	Greenwich Point
Abbotsford Point	Blairmount	Chiswick	East Botany	Gregory Hills
Acacia Gardens	Blakehurst	Chullora	East Gardens	Greystanes
Airds	Bligh Park	Church Point (10:00 + 3.00pm)	East Hills	Guildford
Alexandria	Bondi	Clairmont Meadows	East Killara	Guildford West
Alfords Point	Bondi Beach	Clarendon (10:00 + 3.00)	East Roseville	Gunnamatta Bay
Allambie	Bondi Junction	Clareville (10:00am + 3.00pm)	East Ryde	Gymea
Allambie Heights	Bonnet Bay	Claymore	East Sydney	Gymea Bay
Allawah	Bonnyrigg	Clemton Park	Eastern Creek	Haberfield
Ambarvale	Bonnyrigg Heights	Clifton Gardens	Eastlakes	Hammondville
Annandale	Boronia Park	Clontarf	Eastwood	Harrington Park
Anzac Village	Bossley Park	Clovelly	Edensor Park	Harris Park
Arncliffe	Botany	Clyde	Edgecliff	Hassall Grove
Arndell Park	Bow Bowling	Colebee	Edmonson Park	Haymarket
Artarmon	Bradbury	Collaroy	Elanora Heights	Heathcote (10:00am + 3.00pm)
Ashbury	Brighton-Le-Sands	Collaroy Beach	Elderslie (10:00 + 3.00)	Hebersham
Ashcroft	Broadway	Collaroy Plateau	Elizabeth Bay	Heckenberg
Ashfield	Bronte	Colyton	Emerton	Henley
Asquith	Brooklyn (10.00am+3.00pm)	Como	Emu Plains	Hewitt
Auburn	Brookvale	Como West	Enfield	Hillsdale
Avalon (10:00am+3.00pm)	Bungarribee	Concord	Engadine (10:00am + 3.00pm)	Hinchinbrook
Avalon Beach(10:00+3.00pm)	Burraneer	Concord West	Englorie Park	HMAS Penguin
Balgowlah	Burwood	Condell Park	Enmore	Hobartville (10:00 + 3.00)
Balgowlah Heights	Burwood Heights	Connells Point	Epping	Holroyd
Balmain	Busby	Constitution Hill	Ermington	Holsworthy
Balmain East	Cabarita	Coogee	Erskine Park	Homebush
Balmoral	Cabramata West	Cowan (10.00+3.00pm)	Erskineville	Homebush Bay
Bangor	Cabramatta	Cranebrook (10:00)	Eschol Park	Homebush West
Banksia	Cambridge Gardens	Cremorne	Everleigh	Horningsea Park(10:00+ 3:00)
Banksmeadow	Cambridge Park	Cromer	Fairfield	Hornsby
Bankstown	Camden (10:00am + 3.00pm)	Cromer Heights	Fairfield East	Hornsby Heights
Bankstown Airport	Camden South (10:00 + 3.00)	Cronulla	Fairfield Heights	Hoxton Park
Barden Ridge	Camellia	Crows Nest	Fairfield West	Hunters Hill
Bardwell Park	Cammeray	Croydon	Fairlight	Huntingwood
Bardwell Valley	Campbelltown	Croydon Park	Five Dock	Huntleys Point
Bass Hill	Camperdown	Curl Curl	Flemington	Hurlstone Park
Baulkham Hills	Campsie	Currans Hill	Forest Lodge	Hurstville
Bayview (10:00am+3.00pm)	Canada Bay	Daceyville	Forestville	Hurstville Grove
Beacon Hill	Canley Heights	Darling Harbour	Fox Valley	Illawong
Beaconsfield	Canley Vale	Darling Point	Frenchs Forest	Ingleburn Army Cmp
Beaumont Hills	Canterbury	Darlinghurst	Freshwater	Ingleburn
Beauty Point	Careel Bay	Darlington	Fullers Bridge	Ingleside
Beecroft	Caringbah	Davidson	Garden Island	Jamisontown
Belfield	Carlingford	Dawes Point	Georges Hall	Jannali
Bella Vista	Carlton	Dean Park	Georges Heights	Jordon Springs (10:00)
Bellevue Hill	Carnes Hill	Dee Why	Girraween	Kangaroo Point
Belmore	Carramar	Dee Why West	Gladesville	Kareela
Belrose	Carss Park	Denistone	Glebe	Kearns
Ben Buckle	Cartwright	Denistone East	Glebe Point	Kellyville
Berala	Castle Cove	Dharruk	Glen Alpine (10:00+ 3.00)	Kellyville Ridge
Berowra (10:00am - 3:00pm)	Castle Hill	Diamond Bay	Glendenning	Kensington
Berowra Hgths (10:00 - 3:00)	Castlecrag	Dolans Bay	Glenfield	Kentlyn (10:00 + 3:00)
Beverly Hills	Casula	Dolls Point	Glenhaven	Killarney Heights
Beverly Park	Cecil Hills	Doonside	Glenmore Park (10:00 + 3.00)	Killara
Bexley	Centennial Park	Double Bay	Glenwood	Kings Cross
Bexley North	Chatham Village	Dover Heights	Gordon	Kings Langley
Bidwill	Chatswood	Drummoyne	Gore Hill	Kings Park
Bilgola (10:00am + 3.00pm)	Chatswood Chase	Duffys Forest (10:00)	Granville	Kingsford
Bilgola Plateau(10:00am + 3.00)	Chatswood West	Dulwich Hill	Grays Point	Kingsgrove
Birchgrove	Cheltenham	Dundas	Green Valley	Kingswood
Birkenhead Point	Cherrybrook	Dundas Valley	Greenacre	Kirribilli
Birrong	Chester Hill	Dunheved	Greenfield Park	Kirrawee
Blackett	Chifley	Dural	Greenhills Beach 10.00+3.00	

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UNLESS STATED IN RED NEXT TO THE SUBURB

Kissing Point	Menai	Old Toongabbie	Roseville Chase	Thompsons Corner
Kogarah	Merrylands		Round Corner	Thornleigh
Kogarah Bay	Middle Cove	Oxford Falls (10.00 + 3.00)	Rouse Hill	Toongabbie
Kurnell (10:00am +3:00pm)	Middle Harbour	Oxley Park	Rozelle	Top Ryde
Kyle Bay	Middle Head	Oyster Bay	Ruse	Tregear
Kyeemagh	Mill Hill	Paddington	Rushcutters Bay	Turrumurra
La Perouse (10:00 +3:00)	Miller	Padstow	Russell Lea	Turrella
Lake Parramatta	Millers Point	Padstow Heights	Rydalmere	Ultimo
Lakemba	Milperra	Pagewood	Ryde	Undercliffe
Lalor Park	Milsons Point	Palm Beach (10:00 + 3.00)	Sadlier	Uni of NSW
Lane Cove	Minchinbury	Panania	Sandringham	Uni of Sydney
Lane Cove North	Minto	Parklea	Sandy Point (10:00)	Vaucluse (10:00 + 3:00)
Lane Cove West	Minto Heights (10:00 + 3.00)	Parramatta	Sans Souci	Villawood
Lansdowne	Miranda	Peakhurst	Schofields	Vineyard
Lansvale	Mobbs Hill	Pemulway	Seaforth	Voyager Point (10:00)
Lavender Bay	Mona Vale	Pendle Hill	Sefton	Wahroonga
Leichhardt	Monterey	Pennant Hills	Seven Hills	Waitara
Leightonfield	Moore Park	Penrith	Shalvey	Wakeley
Lemongrove	Moorebank	Penshurst	Silverwater	Wareemba
Leonay (10:00 + 3:00)	Mortdale	Petersham	Smeaton Grange	Warrawee
Lethbridge Park	Mortlake	Phillip Bay (10:00 + 3:00)	Smithfield	Warriewood
Leumeah	Mosman	Picnic Point	South Coogee	Warwick Farm
Lewisham	Mt Annan	Pleasure Point (10:00)	South Granville	Waterloo
Liberty Grove	Mt Colah		South Hurstville	Watsons Bay (10:00 + 3:00)
Lidcombe	Mt Druitt	Plumpton	South Penrith	Wattle Grove
Lilli Pilli	Mt Kuring Gai	Point Piper	South Strathfield	Waverley
Lilyfield	Mt Lewis	Port Botany	South Turrumurra	Waverton
Lindfield	Mt Pritchard	Port Hacking	Spit Junction	Wentworthville
Linley Point	Mulgrave	Potts Hill	Spring Farm (10:00 + 3:00)	Werrington Downs
Little Bay (10:00 + 3:00)	Narellan	Potts Point	St Andrews	Werrington
Liverpool	Narellan Vale	Prairiewood	St Clair	West Hoxton
Loftus	Naremburn	Prestons	St Helens Park(10:00 +3:00)	West Pennant Hills
Long Bay (10:00 + 3:00)	Narrabeen	Prospect	St Ives	West Pymble
Long Point (10:00 + 3:00)	Narraweena	Punchbowl	St Ives Chase	West Ryde
Longueville	Narwee	Putney	St Johns Park	Westleigh
Lucas Heights (10:00)	Neutral Bay	Pymble	St Leonards	Westmead
Lugarno	Newington	Pymont	St Marys	Wetherill Park
Lurnea	Newport (10:00am + 3.00pm)	Quakers Hill	St Peters	Whalan
MacDonaldtown	Newtown	Queens Park	Stanhope Gardens	Whale Beach (10:00 + 3.00)
Macquarie Fields	Normanhurst	Queenscliff	Stanmore	Wheeler Heights
Macquarie Links	North Balgowlah	Raby	Strathfield	Wiley Park
Macquarie Park	North Bondi	Ramsgate	Strathfield South	Willmot
Macquarie Uni	North Curl Curl	Ramsgate Beach	Strawberry Hills	Willoughby
Malabar (10:00 + 3:00)	North Epping	Randwick	Summer Hill	Windsor
Manahan	North Manly	Redfern	Surry Hills	Windsor Downs
Manly	North Narrabeen	Regents Park	Sutherland	Wingala
Manly Vale	North Parramatta	Regentville	Sydney Olympic Park	Winston Hills
Marayong	North Richmond(10:00 + 3:00)	Revesby	Sydenham	Wolli Creek
Maroubra	North Rocks	Revesby Heights	Sydney	Wollstonecraft
Maroubra Junction	North Ryde	Rhodes	Sylvania	Woodbine
Marrickville	North St Marys	Richmond (10:00 + 3:00)	Sylvania Heights	Woodcroft
Marsden Park	North Strathfield	Riverstone	Sylvania Waters	Woodpark
Marsfield	North Sydney	Riverview	Tamarama	Woollahra
Mascot	North Turrumurra	Riverwood	Taren Point	Woolloomooloo
Mascot Airport (10:00)	North Wahroonga	Rockdale	Taylors Point	Wooloware
Matraville	North Willoughby	Rodd Point	Teloepa	Woolwich
Mays Hill	Northbridge	Rogans Hill	Tempe	Woronora
McCallums Hill	Northmead	Rooty Hill	Tennyson Point	Woronora Hts (10:00 +3:00)
McGraths Hill	Northwood	Rose Bay	Terrey Hills	Yagoona
McMahons Point	Oakhurst	Rosebery	The Cross Roads	Yarrawarrah
Meadowbank	Oatlands	Rosehill	The Ponds	Yennora
Melrose Park	Oatley	Roselands	The Rocks	Yowie Bay
Melville	Old Guildford	Rosemeadow (10:00 + 3:00)	The Spit	Zetland
		Roseville		

# GREATER SYDNEY AREA LISTING

1 METRO PER 25kg PARCEL FOR SUBURBS IN BLACK (no links) (OVERNIGHT)

## ZONE 2

CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE

SUBURBS SHOWN IN RED NEED 2 LINKS AND ARE A LIMITED SERVICE  
FREIGHT MUST BE SENT THE DAY BEFORE THE ACTUAL DELIVERY DAY

Agnes Banks	Catherine Fields	Glenorie	Luddenham	Sackville
Annangrove	Cawdor	Glossodia	Maraylya	Scheyville
Appin (Tues + Fri only)	Cattai	Grasmere	Maroota (Mon+Wed only)	Shanes Park
Arcadia	Cecil Park	Greendale	Maroota South	Silverdale
Austral	Cobbitty	Grose Vale	Menangle (Tues+Fri only)	Tennyson
Badgerys Creek	Colo-Monday only	Grose Wold	Menangle Park(Tues+Fri only)	Theresa Park
Bardia	Central Colo-Monday only		Mount Vernon	The Oaks
Berkshire Park	Colo Heights-Monday only	Horsley Park	Mount Hunter	The Slopes
Berrilee	Cornwallis	Kemps Creek	Mount Tomah (Thursday Only)	Upper Colo (Monday only)
Berambing-Thursday Only	Denham Court	Kenthurst	Mulgoa	Varroville
Bilpin -Thursday Only	East Kurrajong	Kirkham	Nattai (Tuesday only)	Wallacia
Blaxlands Ridge	Ellis Lane	Kurmond	Nelson	Warragamba
Bowen Mountain	Ebenezer	Kurrajong	Oakdale (Tuesday only)	Wedderburn tues+fri only
Box Hill	Fiddletown	Kurrajong Heights	Oakville	Werombi
Bringelly	Forest Glen	Kurrajong Hills	Oran Park	Wheeny Creek(Mon only)
Brownlow Hill	Freemans Reach	Leppington	Orangeville	Wilberforce
Camden Park	Galston	Llandilo	Orchard Hills	Wisemans Ferry(Mon+Wed)
	Gilead	Londonderry	Pitt Town	Yarramundi
Castlereagh	Gledswood Hills	Lower Portland(Mon+Wed only)	Rossmore	

# BLUE MOUNTAINS AREA LISTING

1 METRO + 1 LINK COUPON PER 25kg PARCEL

## ZONE 3

SUBURBS SHOWN IN RED ARE NEXT DAY SERVICE

PICK UP CUT OFF TIMES ARE  
9.45AM & 1.30PM

Blackheath	Hawkesbury Heights	Leura	Springwood	Winmalee
Blaxland	Hazelbrook	Linden	Sun Valley	Woodford
Bullaburra	Katoomba	Medlow Bath	Valley Heights	Yellow Rock
Faulconbridge	Lapstone	Mount Riverview	Warrimoo	
Glenbrook	Lawson	Mount Victoria	Wentworth Falls	

# CENTRAL COAST SAME DAY

1 METRO + 1 LINK COUPON PER 25kg CONSIGNEMENT

## ZONE 4

SUBURBS SHOWN IN RED ARE PM SERVICE ONLY

PICK UP CUT OFF TIMES ARE  
9.45AM & 2:45PM

Alison	Erina Heights	Kincumber	Phegans Bay	Tuggerawong
Avoca Beach	Ettalong Beach	Kincumber South	Picketts Valley	Tumbi Umbi
Bateau Bay	Forresters Beach	Koolewong	Point Claire	Umina Beach
Bensville	Fountaindale	Lake Haven	Point Frederick	Wadalba
Berkley Vale	Glenning Valley	Lisarow	Pretty Beach	Wagstaffe
Blackwall	Gorakan	Long Jetty	Rocky Point	Wallaharah
Blue Bay	Gosford	Macmasters Beach	San Remo	Wamberal
Blue Haven	Green Point	Mardi	Saratoga	Warnervale
Booker Bay	Hallaran	Margenta	Shelly Beach	Watanobbi
Box Head	Hamlyn Terrace	Matcham	Somersby	West Gosford
Canton Beach	Hardys Bay	Narara	Springfield	Woongarrah
Charmhaven	Holgate	Niagara Park	St Huberts Island	Woy Woy
Chittaway Bay	Horsfield Park	Norah Head	Tacoma	Wyoming
Colongra	Jilliby (Hue Hue rd only)	Noraville	Tacoma South	Wyong
Copacabana	Kangy Angy	North Avoca	Tascott	Wyongah
Daleys Point	Kanwal	North Gosford	Terrigal	Yattalunga
Davistown	Kariong	Ourimbah	The Entrance (North)	
East Gosford	Killarney Vale	Palmdale	Toowoan Bay	
Empire Bay	Killcare	Pearl Beach	Toukley	
Erina	Killcare Heights	Patonga	Tuggerah	

# CENTRAL COAST OVERNIGHT

1 METRO + 1 LINK COUPON PER 25kg PARCEL

## ZONE 4

OVERNIGHT NEXT DAY DELIVERY

PICK UP CUT OFF TIME IS 9.30AM

Bashells Ridge	Doyalson (North)	Halekulani	Point Wolstoncraft	Wye Point
Budgewoi	Freemans	Lake Munmorah	Summerland Point	
Buff Point	Gwandalan	Mannering Park	Wye	
Chain Valley Bay				

FOR ALL AREAS OUTSIDE OUR SAME DAY NETWORK, THE FREIGHT TRAVELS OVERNIGHT. PLEASE ENSURE THAT YOU CHECK WITH YOUR DRIVER WHETHER HE/SHE RETURNS TO THE DEPOT EACH EVENING OR AN EXTRA DAYS TRAVEL MAY BE INCURRED

# WOLLONGONG SAME DAY

## ZONE 6

**1 METRO + 1 LINK COUPON PER 25kg PARCEL**

**SUBURBS SHOWN IN RED ARE NOT A SAME DAY SERVICE**

**PICK UP CUT OFF TIMES ARE 9:45AM & 2.45PM  
UNLESS STATED IN RED NEXT TO THE SUBURB**

Albion Park	Coniston	Helensburg	Mount Pleasant	Thirroul
Albion Park Rail 9.30am	Cordeaux Heights 9.30am	Horsley 9.30am	Mount St Thomas	Towradgi
Austinmere	Corrimal	Kanahooka 9.30am	Mount Warrigal 9.30am	Unanderra 9.30am
Avondale	Corrimal East	Keiraville	North Wollongong	Uni of Wollongong
Balarang	Cringilla 9.30am	Kembla Grange 9.30am	Oak Flats 9.30am	Warilla 9.30am
Balgownie	Croom 9.30am	Kemblawarra	Port Kembla 9.30am	Warrawong 9.30am
Barrack Heights 9.30am	Dapto 9.30am	Koonawarra 9.30am	Primbee 9.30am	Windang 9.30am
Barrack Point 9.30am	Dunmore	Lake Heights 9.30am	Reidtown	Wollongong
Bass Point	Fairy Meadow	Lake Illawarra 9.30am	Russell Vale	Wollongong East
Bellambi	Farmborough Heights 9.30am	Mangerton	Shell Cove	Wollongong North
Berkeley 9.30am	Fern Hill	Marshall Mount	Shell Harbour	Wollongong West
Blackbutt 9.30am	Figtree	Mount Keira	Shell Harbour City Centre 9.30am	Woonona
Brownsville 9.30am	Flinders	Mount Kembla	Spring Hill	Woonona East
Bulli	Gwynneville	Mount Ousley	Tarrawanna	Yallah 9.30am

# SOUTH COAST & SOUTHERN HIGHLANDS

## ZONE 8

**1 METRO + 2 LINKS COUPON PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

**PARCELS COLLECTED PM RUN MUST BE RETURNED TO DEPOT SAME AFTERNOON**

**SUBURBS IN RED ARE NOT SERVICED EVERY DAY**

Alpine	Burradoo	Foxground	Maldon	Stanwell Tops
Appin	Burragorang	Gerringong	Marulan	Sutton Forest
Avoca	Burrawang	Gerroa	Minnamurra	Tahmoor
Avon Dam	Buxton	Glenmore	Mittagong	Tongarra
Aylmerton	Calderwood	Glenquarie	Moss Vale	Thirlmere
Balmoral Village	Cleveland	Haywards Bay	Mowbery Park	Tullimbar
Bargo	Clifton	Hiltop	New Berrima	Welby
Bargo River	Coalcliff	Jamberoo	Nowra	Werri Beach
Barrengary	Coledale	Jaspers Brush	Otford	Wildes Meadow
Beaumont	Colo Vale	Jerrara	Penrose	Willow Vale
Berrima	Coolangatta	Kangaloon	Pheasants Nest	Wilton
Berry	Couridjah	Kangaroo Valley	Picton	Wingello
Bomaderry	Curramore	Kembla Heights	Picton Lakes	Wingercarribee
Bombo	Darkes Forest	Kiama	Razorback	Wollondilly
Bong Bong	Dombarton	Kiama Downs	Robertson	Wombarra
Bowral	Douglas Park	Kiama Heights	Saddleback Mountain	Wongawilli
Braemar	Exeter	Lakeside	Scarborough	Yanderra
Broughton Vale	Far Meadow	Macquarie Heights	Shellharbour Village	Yellow Rock
Bundanoon	Fitzroy Falls	Macquarie Pass	Stanwell Park	Yerrinbool

# NEWCASTLE AREA LISTING

## ZONE 5

**1 METRO + 1 LINKS COUPON PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

**PARCELS COLLECTED PM RUN MUST BE RETURNED TO DEPOT SAME AFTERNOON**

**CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE**

Adamstown	Bolwarra	Charlestown	Gateshead	Killingworth
Arcardia Vale	Bonnells Bay	Coal Hill	Georgetown	Kitchener
Argenton	Boolaroo	Cooks Point	Gilleston Heights	Kooragang Island
Ashtonfield	Boorabee Point	Cooranbong	Glendale	Kotara
Awaba	Booragul	Croudace Bay	Greenhills	Kurri Kurri
Balcolyn	Box Hill	Dalwood	Hamilton	Lambton
Balmoral	Brightswaters	Dora Creek	Heatherbrae	Largs
Bar Beach	Broadmeadow	Dudley	Hexam	Maitland
Barnsley	Buttaba	Dutchies Beach	Highfields	Mallabula
Bay Village	Callaghan	Edgeworth	Hillsborough	Marks Point
Belford	Cameron Park	Eleebana	Hinton	Maryville
Belmont	Campvale	Estelville	Holmesville	Mayfield
Bennetts Green	Cams Wharf	Fassifern	Islington	Merewether
Beresfield	Cardiff	Fennel Bay	Jesmond	Metford
Birmingham Gardens	Carey Bay	Fern Bay	Jewells	Minmi
Blackalls Park	Carrington	Fishermans Bay	Kahibah	Mirrabooka
Blacksmiths	Catherine Hill Bay	Florasville	Kearsley	Morpeth
Bolton Point	Caves Beach	Garden Suburb	Kilaben Bay	Morriset



# NEWCASTLE AREA LISTING

**1 METRO + 1 LINK COUPON PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

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CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE

## ZONE 5

Motto Farm	Rathmines	Sunshine	Tomago	Whitebridge
Mount Hutton	Raworth	Swansea	Toronto	Wickham
Myuna Bay	Raymond Terrace	Tarro	Valentine	Williamstown
Neath	Redhead	Telarah	Wakefield	Windale
Newcastle	Rutherford	Tenambit	Wallsend	Windermere Park
New Lambton	Shortland	Teralba	Wangi Wangi	Woodbera
Nords Wharf	Silverwater	The Hill	Warabrook	Woodberry
Oakhampton	Speers Point	The Junction	Waratah	Woodrising
Pelican	Standford Merthyr	Thornton	Warners Bay	Yarrowonga Park
Phoenix Park	Stockrington	Tighes Hill	West Wallsend	
Rankin Park	Stockton	Tingara Heights	Weston	

# OUTER NEWCASTLE AREA LISTING

**1 METRO + 2 LINK COUPONS PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

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CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE

## ZONE 9

Aberdare	Clarence Town	Karuah	Oyster Cove	Seaham
Abermain	Corlette	Lemon Tree Passage	Parkville	Shoal Bay
Abernethy	East Maitland	Liddell (Power Stn)	Paterson	Soldiers Point
Anna Bay	Farley	Lorn	Pelaw Main	Taniilba Bay
Bellbird	Fingal Bay	Loxford	Pokolbin	Taylors Beach
Boat Harbour	Fishing Point	Mallabula	Port Stephens	Tea Garden
Bobs Farm	Greta	Medowie	Rothbury	
Branxton	Hawks Nest	Milers Forest	Salamander Bay	
Cessnock	Heddon Greta	Nelson Bay	Salt Ash	

# CANBERRA AREA LISTING

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**OVERNIGHT NEXT DAY DELIVERY**

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## ZONE 7

Acton	Chifley	Forrest	Mitchell	Russell
Ainslie	Chisholm	Fraser	Monash	Scullin
Amaroo	Conder	Fyshwick	Narrabundah	Spence
ANU	Cook	Garran	Ngunnawal	Stirling
Aranda	Curtin	Gilmore	Nicholls	Symonston
Banks	Deakin	Giralang	Oaks Estate	Theodore
Barton	Dickson	Gordon	O'Connor	Torrens
Belconnen	Duffy	Gowrie	O'Malley	Turner
Bonython	Dunlop	Griffith	Oxley	Wallaroo
Bruce	Evatt	Gungahlin	Paddys River	Wanniassa
Calwell	Fadden	Hackett	Page	Waramanga
Campbell	Farrer	Harman	Palmerston	Watson
Capital Hill	Fisher	Hawker	Parkes	Weetangera
Chapman	Florey	MacQuarie	Pearce	Weston
Charnwood	Flynn	Mawson	Queanbeyan	Yarralumla

# NSW COUNTRY AREA LISTING

**1 METRO + 4 LINK COUPONS PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

PARCELS COLLECTED PM RUN MUST BE RETURNED TO DEPOT SAME AFTERNOON  
CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE

## ZONE 10

Aberdeen	Ardlethan	Basin View	Bellingen	Binalon
Adaminaby	Armidale	Batehaven	Bemboka	Binda
Adelong	Ashford	Batemans Bay	Benandarah	Bingara
Albury	Ballina	Bathurst	Bendemeer	Bingie Bingie Point
Alectown	Balyney	Batlow	Bergalia	Binnaway
Alstonville	Bangalow	Bawley Point	Bermagui	Blackfellows Point
Angledale	Barellan	Beauty Point	Berrara	Bodalla
Angourie	Barraba	Bega	Berridale	Boggabri
Araluen	Barrington	Beimbaya	Bethungra	Bombala

# NSW COUNTRY AREA LISTING

**1 METRO + 4 LINK COUPONS PER 25kg PARCEL**

**OVERNIGHT NEXT DAY DELIVERY**

**PARCELS COLLECTED PM RUN MUST BE RETURNED TO DEPOT SAME AFTERNOON**

**CHECK WITH OFFICE FOR PICK UP TIME SCHEDULE**

## ZONE 10

Bonalbo	Depot Beach	Kameruka	Nabiac	Tathra
Bonshaw	Deua River	Kandos	Nambucca Heads	Taylor's Flat
Bookham	Diamond Head	Kendall	Nangus	Telegraph Point
Boorowra	Dorrigo	Kew	Narooma	Temeil
Borogo	Dubbo	Khancoban	Narrabarba	Temora
Bowning	Dunedoo	Kiah	Narrabri	Tenterfield
Bowraville	Dungog	Kiandra	Narrandera	Terrara
Boydton Park	Durras	Kianga	Narrawallee	Thredbo
Braidwood	Durras Lake	Kingscliff	Neerijundah	Tilba Tilba
Bredbo	East Lynne	Kiola	Nelligen	Timbilica
Broke	Eden	Koorawatha	Nethercote	Tintaldra
Broulee	Erowal Bay	Kyogle	Nimbin	Tngaringy
Brunswick Heads	Eucumbene	Laggan	Nimmitabel	Tomakin
Buckajo	Eugowra	Lake Cathie	Nowra Naval PO	Tomerong
Budawang	Evans Head	Lake Tabourie	Numbuga	Tomingley
Bundella	Falls Creek	LakeConjola	Nundle	Towanba
Bunga	Fishermans Paradise	Lansdowne	Old Bar	Tuncurry
Bungendore	Forbes	Lauireton	Old Erowal Bay	Tumut
Burragate	Forster	Leeton	Orange	Tumbarumba
Burrier	Galong	Lennox Heads	Orient Point	Tura Beach
Burrill Lake	Ganmain	Lilli Pilli	Pambula	Turlinjah
Buthega	Garlandtown	Lismore	Pambula Beach	Tuross Heads
Byron Bay	Glen Davis	Lithgow	Paradise	Tweed Heads
Callala Bay	Glen Innes	Lochinvar	Parkes	Tylagum
Cambewarra	Gloucester	Long Beach	Peak Hill	Tyringham
Candelo	Gooloogong	Macksville	Pebbly Beach	Ulladula
Cannabarabra	Goondiwindi	Maclean	Pericoe	Uralla
Capertree	Goulburn	Mandooran	Perisher Valley	Urbenville
Captains Flat	Grafton	Mandurama	Port Macquarie	Urunga
Casino	Graman	Manildra	Portland	Verona
Central Tilba	Green Cape	Manilla	Potao Point	Vincentia
Cobargo	Greenwell Point	Manyana	Pottsville Beach	Wagga Wagga
Coffs Harbour	Gregory	Merimbula	Pyree	Walcha
Comboyne	Griffith	Meroo Meadow	Quaama	Wallabadah
Congo Park	Grong Grong	Merriwa	Quirindi	Wallaga Lake
Conjola	Gulgong	Merry Beach	Red Rock	Wallagoot
Crookwell	Gundagai	Merrygoen	Rockton Junction	Wallerawang
Coolac	Gunnedah	Millaley	Rocky Hall	Walwa
Coolah	Gurilla Bay	Millingandi	Rosedale	Wandandian
Coolamon	Guyra	Milton	Rylstone	Wantabadgery
Cooma	Harden	Mogilla	Sanctuary Point	Wapengo
Cooperook	Harrington	Mogo	Sawtell	Wauchope
Cootamundra	Hat Head	Mollymook	Scone	Wellington
Coraki	Henty	Molong	Scotts Head	Werris Creek
Corunna	Hill End	Montague	Shallow Crossing	Whitton
Cowra	HMAS Albatross	Moonbi	Singleton	Willow Tree
Crescent Head	HMAS Creswell	Morans Crossing	Sofala	Wolumia
Crookhaven Heads	Holbrook	Moruya	South West Rocks	Wonboyn Lake
Cudal	Humula	Moruya Heads	Springvale	Wongham
Cudgegong	Huskisson	Mossy Point	St Georges Basin	Woodburn
Cudmirrah	Hyams Beach	Mount Kosciusko	Surf Beach	Woolgoogla
Culcarin	Ilford	Mount Thorley	Surfside	Worrigeer
Cumnock	Iluka	Mudgee	Sussex Inlet	Wyndham
Currarong	Inverell	Mullumbimby	Tabulan	Yamba
Cuttarong	Jellat Jellat	Mumbulla	Talbingo	Yancos
Dalgety	Jervis Bay	Murrah	Tamworth	Yass
Dalmeny	Jindabyne	Murrumburrah	Tanja	Yattheyattah
Deepwater	Jingellic	Murrundi	Tantawangelo	Yenda
Delegate	Jugiong	Murwillumbah	Taralga	Yeoval
Delungra	Junej	Muswellbrook	Tarcutta	Yerritong
Denman	Kalaru	Mystery Bay	Taree	Yetman

FOR ALL AREAS OUTSIDE OUR SAME DAY NETWORK, THE FREIGHT TRAVELS OVERNIGHT. PLEASE ENSURE THAT YOU CHECK WITH YOUR DRIVER WHETHER HE/SHE RETURNS TO THE DEPOT EACH EVENING OR AN EXTRA DAYS TRAVEL MAY BE INCURRED

## **"IMPORTANT THINGS TO NOTE ABOUT OUR SAME DAY AND OVERNIGHT SERVICE"**

*Any freight picked up on our afternoon run must make it back to our depot that night to make next day delivery. Not all our drivers make it back to the depot each night. If you're not sure you can ask our office or your driver to confirm your goods will be delivered on time.*

*If you are a client that uses coupons, freight sent within Sydney Metro, is charged "per consignment" meaning you can send 2 items weighing 10kg each to the same destination with 1 coupon.  
(Bulk coupon rates may differ)*

*If you are a client that uses coupons, freight sent out of Sydney Metro is charged "per parcel". This means that if you were to send the same 2 items weighing 10kg each out of Sydney, they will require a coupon each. BUT, we do not mind you consolidating those 2 x 10kg items to make 1 x 20kg item, and use 1 coupon to send it out.*

*1 coupon/charge covers 25kg dead or actual weight or 25kg cubic weight (0.100m).  
We base the charge on which ever weight is greater.*

*If you do not use our coupon system your charge is worked out according to the zone for each area. It is still charged with the extra "Link" price, in addition with your metro rate (except NSW Country).*

*If you do not use coupons, all charges are "per parcel" for all areas.*

*Our COD (Cash/Cheque on Delivery) service is only available within the Sydney Metro, Greater Sydney, Central Coast, Blue Mountains, Wollongong and Southern Highland areas.*

*Deliveries to stations, large properties or small townships may at time need to be collected from the nearest regional depot.*

*All deliveries within Sydney metro, Central Coast, Wollongong and the Blue Mountains are covered by our Go Logistics Guarantee. Any freight sent outside these areas, we encourage you to arrange your own insurance if required*

*We live in a huge country, so not every suburb is listed. This does not necessarily mean we do not go there, so feel free to contact us if you do not find the suburb listed.*

*Any freight sent outside the Sydney Metro area requires "Link" coupons along with the green Metro coupon. For clients that rarely send to these areas, you may add additional Metro coupons. Please check with our customer service if this is required.*



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